

# Long Term Care Surveys What To Expect Pharmacy Services



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# DOH Survey Process

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- Survey Risk Areas
  - Nursing Station Inspections
  - Medication Pass
  - Documentation



# DOH Survey Process

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- Nursing Station Inspection
  - Refrigerator
    - Temperature 36-46 degrees F
      - Check daily & Keep Temperature Log
    - Open Multi-dose Vials & Pens
      - Must be dated when opened
      - Discard after expiration date (most 28 days)
      - Levemir & Toujeo 42 days, Tresiba 56 days



# DOH Survey Process

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- **Controlled Medications**
  - Control Cabinet
    - Metal, Double-locked (2 doors), **TWO DIFFERENT KEYS**, Mounted on the wall
    - **Same regulations apply to refrigerator.**



# DOH Survey Process

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- Emergency Kit

- Must be sealed

- Preferably with serial number on lock
- **Expiration date must be clearly discernable**
- Content list must agree with contents

- Controlled Medication Emergency Kit

- Stored separately from routine controlled medications
- Must be counted each shift by nursing personnel
- Par levels **MUST** be maintained by informing vendor pharmacy each time medication is used



# DOH Survey Process

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- Medication Pass: Common Errors
  - Wrong Number of Tablets Administered
  - Check ID
  - Wait 3 minutes between 2 drops of same ophthalmic medication
  - Wait 1 minute between each “puff” of inhaler.



# DOH Survey Process

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- Crush
  - Only with MD order
  - EACH MEDICATION CRUSHED SEPARATELY
- Artificial Tears
  - Individually labeled from Pharmacy,  
NOT floor stock
- Infection Control
  - HANDWASHING
  - Gloves should be worn for all Injectable Administration



# DOH Survey Process

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- Medication Strength & Type
  - Make sure that actual strength and type of stock medication is the same as the medication order.
    - Examples:
      - Calcium with Vitamin D
      - Fish Oil/Omega 3
      - Nephrocaps
      - Vitamin D2 vs. Vitamin D3
      - Regular vs. Enteric Coated Aspirin





# DOH Survey Process

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- **DOCUMENTATION**

- Medication orders

- Route of Administration

- **Must be consistent – PO or G/T**
- **XXX "BY INJECTION" XXX**

- Antipsychotic – Must have Psychotic Indication

**(NOT DEMENTIA OR AGITATION)**

- Schizophrenia, Bipolar
- **NON-PHARMACOLOGIC INTERVENTIONS MUST BE TRIED FIRST (EVEN AFTER FAILED GDR)**
- **NO DOCUMENTED DEMENTIA DIAGNOSIS**



# DOH Survey Process

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- Psychiatric Dose Adjustments
  - Backed up with Nursing Behavior Notes
- PRN Use – Reason and **Follow-Up**
  - Anti-psychotic Medication
    - **RED FLAG**
  - Anti-anxiety Medication
    - Must document failure of behavioral interventions
    - Caution with use, MAY BE CONSIDERED CHEMICAL RESTRAINTS.
    - 14 day limit



# DOH Survey Process

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- MRR Response
  - Disagree – Why?
  - Agree – Follow up to recommendation
- Medication Refusal
  - Proper destruction of refused dose
    - **Crush and destroy in water**



# DOH Survey Process

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- OPIOIDS FOR PAIN > 3 MONTHS
  - Need annual written treatment plan
    - Goals for pain management
    - How Opioid therapy will be tapered or D/C IF BENEFITS DO **NOT** OUTWEIGH RISKS
    - Review with patient risks & alternatives
    - Evaluation of risk factors of Opioid harms
  - EXCEPTIONS
    - Cancer not in remission
    - Hospice or other end-of-life care
    - Palliative care



# DOH Survey Process

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- MONITORING

- Anti-Diabetic

- Fingertick – **NO GAPS, Follow sliding scale**
  - Is Sliding Scale needed??
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- Anti-Hypertensive

- BP Parameters – **NO GAPS**
- MINIMIZE USE OF **HOLD** PARAMETERS



# DOH Survey Process

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- Psychiatric Gradual Dose Reduction
  - Should be done at least every 3 months
  - Attempt at dose reduction or reason why not
    - “I have personally assessed this resident to determine the need for a GDR and because he/she has a diagnosed **enduring** condition of \_\_\_\_\_, a GDR is clinically contra-indicated at this time.”
    - Benefit vs. Risk



# DOH Survey Process

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- MRR for New and Re-Admissions
  - Reported in MDS Section N initial 5 day assessment
    - Clinically Significant
      - Addressed by Physician within 24 hours.
  - Short Term Admissions
    - MRR **MUST** be completed before discharge
    - May be done off-site electronically



# DOH Survey Process

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# Questions?

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